PRACTICAL GUIDE FOR INTERNATIONAL TEACHERS AND RESEARCHERS

Universitat Autònoma de Barcelona <u>www.uab.cat/en</u>





What will you find in this guide?

General Information:

- Barcelona, Research centre
- Meet the UAB
- <u>Research in the UAB</u>
- International Support Service

Plan your stay in Barcelona

- Immigration procedures
- Health assistance for contracted personnel
- Health insurance for noncontractual stays
- Hiring and Taxation
- Accomodation in Barcelona
- Relatives visa and schooling

UAB Services:

- Research and Business
- IT Services and Online resources
- Social Inclusion Services
- <u>Medical Services and</u>
 <u>Psychological aid</u>
- Other services: SAF and UAB languages

Upon Arrival:

- UAB student card
- How to arrive

If you have any doubt do contact with:



International Support Service

Attention service to students, teachers and administration staff from other countries



Barcelona is ranked either in Best Cities of the World and third within Europe according to the <u>2023 World's Best Cities</u> <u>done by Resonance Consultancy.</u> Competitive Identity, welfare and future

prosperity are some of the <u>23 elements</u> being weighed within the ranking.

Barcelona has established itself as a prestigious brand identifying itself with creativity, talent, quality of life, modernity and economical, technical and social progress.



The encouragement of Catalonia's scientific research it's based in the concept of competitive in order to promote economic growth as well as progress and welfare status.

The tools to achieve this competitiveness are based on the research centers in Catalonia: the policies for attracting and retaining talent, the large research infrastructures and a great political and institutional consensus allowing the system to be stable.

The research + development + innovation (R + D + i) system throughout Catalonia is formed by:

12 universities (7 public, 4 private and 1 virtual) and 36 university research institutes

40 research centers in Catalonia (CERCA) dedicated to the concept of excellence in research

- 21 state centers of the Higher Council for Scientific Research (CSIC)
- 11 centers of the Agri-Food Research and Technology Institute (IRTA)

9 hospital institutions that do research in the biomedical field

16 science and technology parks for the transfer and use of knowledge

13 major research support infrastructures (GIAI)

1,652 research groups







<u>The UAB</u> is a public university with an international aim that boosts mobility, cooperation and the attraction of international talent.

The UAB offers high-ranking studies in every area of knowledge with over a hundred different <u>studies</u>, 400 <u>master and</u> <u>postgraduate programs</u> and close to <u>70</u> <u>different PhD's offers</u>. UAB's teaching is characterized by an interdisciplinary approach, and it is tightly linked with <u>research activities</u>. <u>UAB's campus</u> is comprised in 283 hectare with 60% of them being forest and <u>green zones</u>, located next to Barcelona proper.

It has all types of services; specialized <u>libraries</u> open 24 hours, IT rooms, labs, <u>language schools</u>, a health center, <u>gym</u>, theatre, cafeterias, shops, a hotel and the <u>University Residence</u> building with near 2000 accommodation places. <u>The UAB Campus</u> is a safe green and biodiverse space half an hour away from Barcelona

Video presentation

UAB in the Rankings

Institutes and research centers

Departments



Research

The UAB has the **HR Excellence in Research** distinction, which reflects our commitment to continuously improve our human resource strategies, in line with the European Charter for Researchers and the Code of Conduct for the Recruitment of Researchers. On <u>this link</u> you will find information about our research centers, Departments and our <u>International Projects</u> <u>Office.</u>



Innovation, transfer and business

The University promotes knowledge transfer through patents, collaborative research and the creation of new technology-based companies.

On <u>this link</u> you will find more information.

Research tools and support

Find information on different resources and services for the UAB research activity at <u>this link.</u>

Location

The strategic location of the campus and its relationship with its surrounding makes the UAB one of the most dynamic business and innovation poles of Europe.

You will find more information <u>at this</u> link.



International Support Service (ISS)

The International Support Service (ISS) is an office of the International Relations Area conceived to offer services to the international student, research and teaching staff and administrative staff, as well as their families.

The objective of the International Support Service is to help in the practical aspects of your stay in Barcelona and facilitate your academic or professional performance within the UAB.

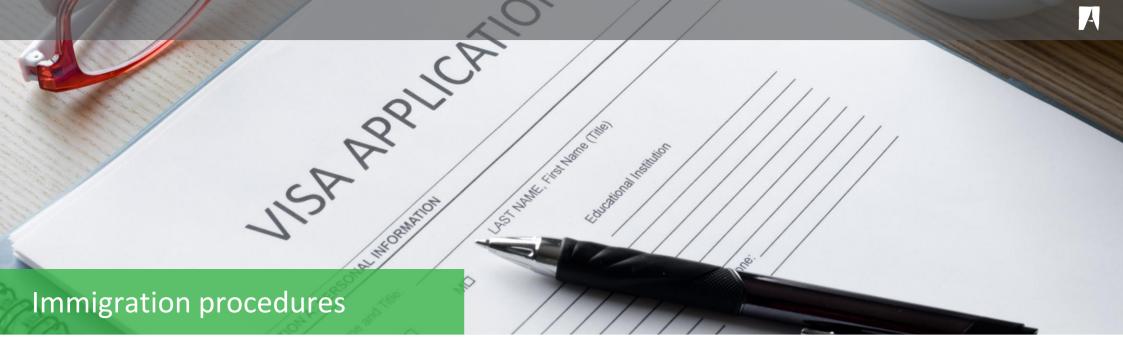
The International Support Service (ISS), is based in the Cívica Plaza within the UAB campus proper and it provides information and support in immigration procedures for students, teachers, researchers and administrative body alike.



International Support Service

93 581 22 10

international.support@uab.cat



EU citizens:

All citizens belonging to either a Member State of the EU or the Agreement on the European Economic Area, who intend to reside in Spain for a period **longer than three months**, must apply for enrollment in the **Central Registry of Foreigners** where they will obtain a registration certificate and a **Foreigner Identity Number (NIE)**.

The enrollment is carried out in person at the **National Police** station in the city of residence.

The International Support Service can help you with this process, either by informing you of the necessary documentation or by making an appointment with the Police Station.

Non-EU citizens:

Non-EU citizens need to process a residence and work permit to be able to carry out work activities in Spain.

This permit can be requested at the Spanish consular office in your country of origin or country of legal residence, or from Spain if you are in a regular situation at the time of application.

Once this permit has been granted, and depending on its duration, it is necessary to process an Identity Card for Foreigners at the National Police Station. The International Support Service can assist you with your immigration procedures and help you during the process on itself.

Please, do contact us at: international.support@uab.cat



International Support Service



Health Assistance

Working contracts in Spain contribute to Social Security and therefore all those foreigners recruited in the UAB have the right to public healthcare.

Seguridad Social

All foreign researchers and professors hired by a Catalan university have the right to free medical assistance.

Catsalut

CatSalut guarantees public health care for the citizens of Catalonia. In order for the health services of the different healthcare lines to reach everyone effectively and with quality, the service has a network of centers that make up the <u>comprehensive health</u> system for public use of Catalonia (SISCAT) throughout the territory comprised in: primary care centers, local clinics, hospitals, social health centers

and centers for mental health care.



Are You Covered?

Health Insurance for non-contractual stays

For non-contractual stays it is necessary to hire medical insurance.

- <u>Health insurance for those</u> coming from within the EU
- <u>Health insurance for those</u> from outside the EU

EU-Citizens:

Researchers and teachers from the European Union, Norway, Iceland, Liechtenstein or Switzerland can apply for the European Health Insurance Card. <u>The</u> <u>European Health Card (TSE)</u> is the personal and nontransferable document that certifies the right to receive the health benefits that might be necessary, from a medical standpoint, during a temporary stay in the territory of the European Economic Area or Switzerland, taking into account the nature of the benefits and the duration of the planned stay, in accordance with the legislation of the country of stay. Regardless of whether the purpose of the stay is tourism, a professional activity or studies. In any case, it is recommended to take out additional insurance to cover possible co-payments.

Non-EU Citizens

In the present circumstances, and in the event that there may be cornovirus outbreaks, insurance that covers possible expenses for treatment of COVID-19 will be especially indicated.

The insurance brokerage Omnibus offers to

the personnel linked to the UAB a health insurance for mobility to Spain with coverage in the event of treatment for COVID-19, although any other insurance that meets the requirements dictated by the corresponding Spanish consular office would be acceptable.

Hiring and Taxation

Social Security number

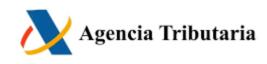
Social Security is a public system of protection against situations of illness, disability, unemployment, old age, accidents at work, maternity or loss of the family support.

Before starting your contract, you must request registration with Social Security. The company that hires you is the one that registers you in the Social Security System, but for this you must first obtain your Social Security number

Obtain your Social Security Number

Tax System

Foreign workers residing in Spain, as well as national-based workers, are subject to the payment of the <u>Income</u> <u>Tax on Individuals (IRPF)</u>. The companies make monthly deductions according to tables that take into account the worker's remuneration and his/her personal and family situation.



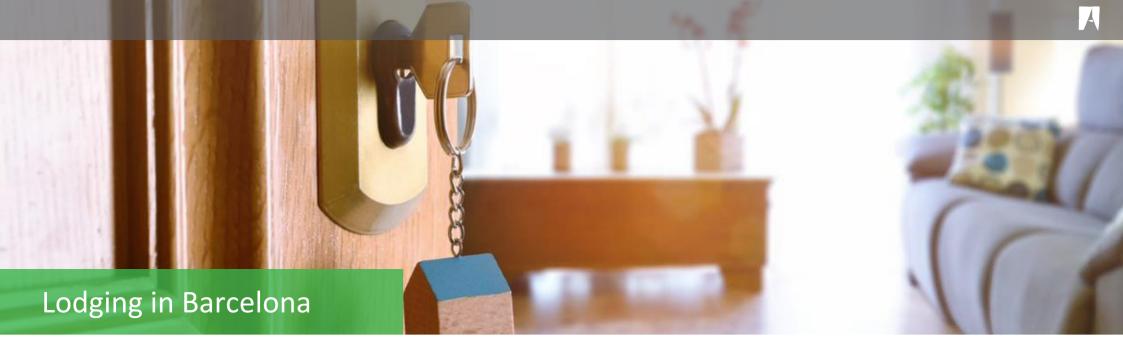
SERVICIO PÚBLICO DE EMPLEO ESTATAL

Unemployment Subsidy

All workers, being either from countries that belong to the European Union or the European Economic Area or those that do not belong to the European Union or the European Economic Area who legally reside in our country and who meet the legally required requirements, will have the right to unemployment benefits provided they are registered as jobseekers. For more information see <u>this link.</u>

U.S. Indivi

Filing



Lodging:

The UAB has accommodation for the university community on the same campus. <u>The Vila Universitaria</u> residential complex has more than 2,000 places between floors with both individual and shared rooms as well as studios and other types of flats

If you prefer to stay off campus, you also have a <u>help</u> <u>service</u> to contact other accommodation options



Find your flat

Iniversitària ⊒

Census Registration:

Every person who lives in Spain has the obligation to register in the municipality where they reside and obtain their registration certificate. This procedure facilitates access to certain rights, such as public health care or basic schooling for minors and is a requirement for most procedures related to the Immigration Law (family reunification, social roots, etc.).

See more information about registration here.

Relatives visa and schooling

Relatives Visa Permit

It is possible to request residence permits so that your family members can accompany you on your stay in Spain. From the International Support Service we offer assistance in the processing of these permits, so that the process is as agile as possible. Please contact us at

international.support@uab.cat for more information on this procedure.



Schooling

In Barcelona there are 259 nurseries, 333 primary education centers (up to 12 years old) and 217 secondary education centers.

For more information, please visit this link.

International Schools

In Barcelona there are international schools that follow the educational system of different countries, such as France, Switzerland, Italy, the United Kingdom, the United States of America, etc. For more information, please visit <u>this link.</u>

Research and Business



The <u>UAB Research Park</u> is a non-profit foundation that was created in 2007 by the Autonomous University of Barcelona, the CSIC and the IRTA in order to act as a meeting point between research and companies alike.

Research and Business

The world is full of challenges that can only be solved with innovation. The UAB Research Park aims to solve the challenges of our environment through research and innovation. For this reason. it helps companies and entities to identify their challenges and finds the UAB research groups that can solve them, always from a collaborative and multidisciplinary perspective. Other times, it is the researchers themselves who have the initiative and need help to bring their idea to society. The Research Park is then in charge of finding companies that may need these ideas or funding to develop them both locally and internationally.

Develop a business idea

Another approach is to help research staff to create a business so that the results of their research are converted into new products or services. For this, the Research Park develops entrepreneurship programs and promotes and supports new companies.

Job seeking visa

Spanish immigration regulations allow non-EU research staff to apply for a residence permit after completing their official studies or a research contract in order to search for new job offers or develop business projects. Please, do contact with the <u>International Support Service</u> in order to know more about these permits.

IT Services and Online Resources

CAS

The uab has an IT service that will help with any doubts that remote and online work might entail

Self-learning resources

The UAB also offers to students, teachers, researches and administration staff online resources in order to aid them with online work.

MOOC UAB

UAB was instroduced in the world of MOOC due to the wish of the university itself of being able to share cientific knowledge, culture and educational alike with a clear international focus.

<u>IT</u>

93 581 21 00

cas@uab.cat



• <u>Resources</u>

MOOCs UAB

93 586 80 53



mooc@uab.cat

Social Inclusion

Fundació Autònoma Solidària

FAS designs and implements social projects within the university and other actions in regards of awareness and encouragement of critical thinking with the objective of generating a social impact, boosting social justice and improve the environment and the quality of life.

Fundació Autònoma Solidària

93 581 24 85

fas@uab.cat



Observatory for Equality

The observatory for equality devotes itself to analyse inequalities within the university and the creation of action plans regarding gender and disabilities.

Observatory for equality

93 581 29 29

observatori.igualtat@uab.cat



PIUNE

The disability and specific educational needs support service (SEN), PIUNE, works to guarantee that every person, independent of their disability or SEN can access higher education with equality of opportunity and enjoy a full academic and social life and autonomy at university like the rest of their peers.

PIUNE

93 581 47 16

fas.piune@uab.cat



Health Assistance Services

The Health Assistance Service (or SAS) is located in the campus proper. They offer preventive as well as inplace care, and boots activities to promote health and medical research.

<u>SAS</u>

93 581 18 00 / 93 581 13 11

Servei.salut@uab.cat

Psychological Help

The Psychology and Speech therapy service located in the Psychology Faculty offers psychological aid via online to those who show difficulties on adapting due to the current Sanitary crisis.

In order to be attended in English, Italian, French or German, please do make an appointment in the following email address: <u>info@utccb.net</u>

Servicio de Psicología y Logopedia

900 10 15 80 spl@uab.cat

Other Services: SAF and UAB languages

Physical Activity Service (SAF)

The SAF (Servei d'Activitat Física) runs the sports complex situated within the UAB.

They have a group of more tan 50 experts and have a total of 30.000m2 in where one can practice plenty of sports activities.

Language Courses

UAB Languages offers courses in both Catalan and Spanish during the academic year. You can choose intensive or extensive courses to initiate or to improve your skills.

They offer also includes other languages such as English, French, German, Italian, Portuguese or Russian..



Servicio de Actividad Física

93 581 19 34

saf.usuaris@uab.cat



UAB Idiomas

93 433 50 60

info.idiomes@uab.cat



UAB's University Card identifies and confirms you as a member of the community

- With your University Identification Number that can be found on the card (or NIU) you will be able to Access all the on-line services the UAB offers.
- You will get your password via the following link
 <u>https://oim.uab.es/opwd/?lang=en/</u>, and you will also be able to Access the <u>Virtual Campus</u> and the rest of the UAB on-line services.

- The UAB card also grants you access to the <u>Library Network</u> present on campus, laboratories and other facilities.
- The card will remain valid for the whole duration of your stay.



- UAB virtual tour
- UAB's faculties and schools
- Activities within the UAB
- UAB's social network
- UAB news
- UAB's shop

Universitat Autónoma

How to arrive

The main campus is located in Bellaterra and it's close to Barcelona as well as to Sabadell and Terrassa.

The campus is very well linked with the other cities and can be easily accessed by train, railroad, bus, car or bike via any of these three cities. Upon your arrival the first step is visit the International Support Service office (ISS) that will aid specifically with doubts regarding students, teachers, researchers and staff.

Pick an option in order to know more:

Means of transport		
	F	
By train ▼	By bus	By car ▼
Ŕ	<i>8</i> 45	Ġ
On foot	By bike	Accessibility







Contact the ISS

International Support Service

Information and attention service for students, teachers, researchers and administration staff.

\$ + 34 93 581 22 10







Edificio Biblioteca de Comunicación y Hemeroteca General

Plaça Cívica - Campus de la UAB 08193 Bellaterra (Cerdanyola del Vallès)

• More information

